

Join the American Public Health Association's

1 Billion Steps Challenge!

Jan. 1 to
April 7, 2019

TREMONT
NEIGHBORHOOD
HEALTH
ACTION
CENTER



Walking keeps you healthy!

The Bronx Neighborhood Health Action Centers, in partnership with Bronx Sole and #Not62: the Campaign for a Healthy Bronx, invite you to join the 1 Billion Steps Challenge. Group participants are welcome!

To register, visit app.movespring.com and search for **The Bronx Steps Up 2019**. Use organization code **APHA2019**.

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NYCTM
Health
Center for Health Equity

For more information, contact Karla at **646-531-8660** or kcabreracarrera@health.nyc.gov.